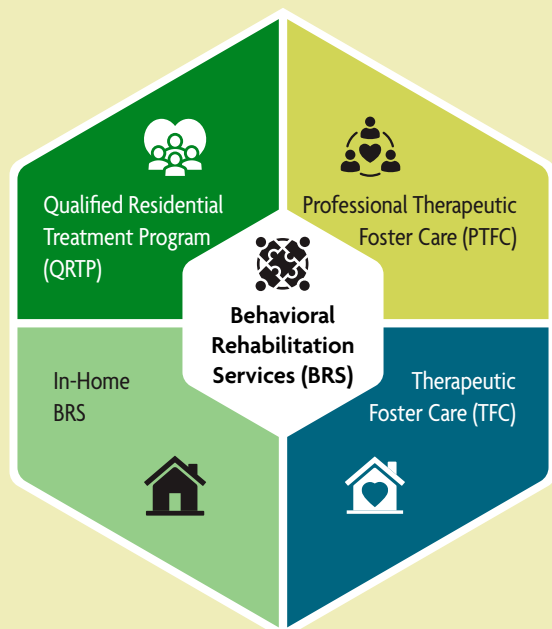


Qualified Residential Treatment Programs: A Brief Guide for Young People



What is a Qualified Residential Treatment Program (QRTP)?

A Qualified Residential Treatment Program (QRTP) provides support for children and young people in a home setting with staff who are always awake. You will receive help and resources to meet your needs. You will also have a therapeutic team supporting you to learn skills to help manage emotions and behaviors.



Available Services and Your Role

- Your team includes you, your social worker, family members, and other supports that you or your family think are important. You will meet with your team every month. During these meetings, you can share and talk about your strengths and needs.
- You will have a voice in the creation of goals with your team.
- You will be connected with services and resources that will help you achieve your goals.
- Your team will work with you to prepare for your next home when you are ready. You will be asked to share your ideas about where this should be.

What are QRTPs like?

- In a home-like setting.
- Meals are prepared by the program staff.
- You will receive educational support and can get help with homework at home.
- There are lots of opportunities for activities.
- You will have your own room.
- You can bring and wear your own clothes.
- Trauma informed, LGBTQIA+ affirming, and culturally responsive.



Washington State Department of
CHILDREN, YOUTH & FAMILIES

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