

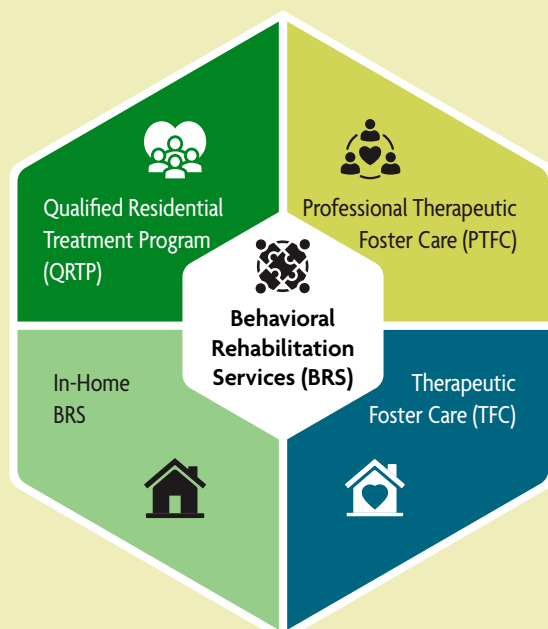
# Qualified Residential Treatment Programs: A Brief Guide for Parents and Caregivers



## What is a Qualified Residential Treatment Program (QRTP)?

A Qualified Residential Treatment Program (QRTP) provides support for young people in a group setting with staff who are awake all the time. Young people and their families will receive resources and services that support their needs. QRTPs support young people to learn skills to help manage emotions and behaviors. Families are included in planning and supporting their young person.

QRTP programs support young people to prepare for their next home when they are ready.



## Available Services and Your Role

- You and your child or young person will have the support of a Child and Family Team (CFT). You will meet with this team every month, where you have space to give feedback and talk about your child or young person's strengths, needs, and treatment goals.
- You will be a member of the CFT and partner to identify solutions to barriers and challenges.
- You will participate in the development of your child's or young person's transition/discharge plan. The typical length of stay for QRTP BRS services is between six and 12 months.
- You and your child or young person will be connected with services and resources that will help everyone in achieving their goals.

## What are QRTPs like?

- In a home-like setting.
- Meals are prepared by the program staff.
- You will receive educational support and can get help with homework at home.
- There are lots of opportunities for activities.
- Group and individual treatment.
- Trauma informed, LGBTQIA+ affirming, and culturally responsive.



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