Families grow stronger together when they practice the

5 PROTECTIVE FACTORS

Knowledge of Parenting and Child Development

Social Connections

Parental Resilience

Concrete Support in Times of Need

Social and Emotional Competence of Children/ Nurturing and Attachment

NGTHS

CAN YOU SPOT ANY OF THE FOLLOWING POSITIVE ACTIVITIES?



A parent and child going to the library (Social Emotional Competence of Children / Nurturing and Attachment)





A family enjoying mealtime (Social Emotional Competence of Children / Nurturing and Attachment)



A parent with their friend getting coffee (Parental Resilience / Social Connections)



A parent taking a child to an appointment (Knowledge of Parenting and Child development)



A grandparent dropping a child off at school (Parental Resilience)



Children playing sports together (Social Emotional Competence of Children / Nurturing and Attachment)



Washington State Department of Visit the Strengthening Families Washington webpage: www.dcyf.wa.gov/services/child-development-supports/sfwa

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A parent and child accessing a diaper bank (Concrete Support)



R. R. A

Changing a flat tire (Parental Resilience)

A Special Olympics sports event (Knolwedge of Parenting and Child Develpment / Social Connections)

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