



Become a Respite Provider

You don't have to be a full-time foster parent to support children and youth experiencing foster care in your community.



Washington State Department of
CHILDREN, YOUTH & FAMILIES

Have you ever considered supporting a child or youth in need, but aren't sure you are ready to foster full-time? If so, Respite Care is a great option!

Respite Providers offer current foster care and kinship families emergency relief or short-term care. Respite Care helps retain foster parents and kinship families and is intended to relieve stress and prevent burnout. As a Respite Provider, you are making a difference by giving families a safe and welcoming break when needed.

What is respite?

Respite is temporary care intended to give caregivers a break. Caregivers use respite for a variety of reasons including attending overnight trainings, special events, and just getting needed rest.

There are two pathways to becoming a Respite Provider:

1. Licensed Respite Providers

Become a foster parent that provides Respite Care:

- Complete the foster care licensing process and provide respite in your home for licensed foster and kinship families in your area.

2. Certified Respite Providers

- Become certified to provide respite in a licensed foster home.
- The certification process has fewer steps than the licensing process.
- Certified respite is provided in a licensed foster home and can be for someone you know, or someone who is new to you.

Learn more about the steps to becoming a respite provider



VISIT: www.dcyf.wa.gov/services/foster-parenting/become-a-foster-parent/overview

CALL: 1-888-KIDS-414

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