



# Crisis Family Intervention (CFI)



## About the Service

CFI is a brief, in-home crisis intervention service available to families experiencing brief conflict. The therapist meets with the family within 72 hours of referral and appointments are scheduled at times convenient for the family. Services are limited to 12 hours over 45 days.



## Who does this service benefit?

This service is for youth ages 12 to 18, and their families who need support finding immediate and long-term solutions to their conflicts. CFI helps adolescents exhibiting high-risk behaviors, such as substance use, missing from care, or running away from their family home.

## Service Highlights

- Direct, face-to-face, in-home counseling.
- Designed to strengthen, preserve, and restore family functioning.
- Engagement and motivation of the youth and family using motivational interviewing.
- Development of problem-solving skills to better address family conflicts.
- Helping with school stabilization issues when indicated.
- Assessing and referring for other service needs including:
  - Suicide prevention
  - Psychiatric or other medical care
  - Psychological, mental health, drug, or alcohol treatment
  - Training in parenting, conflict management, and dispute resolution
  - Welfare, legal, or educational services
- Identification of community resources and protective supports for family functioning after the conclusion of CFI.
- Families partner with therapist to create a transition plan to guide and support them when CFI services have ended.



## ASSISTANCE:

**Up to \$500 may be available to assist children and families with concrete goods when those goods support child safety, reduce risk of abuse or neglect, stabilize placement, or facilitate safe reunification.**

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