# Strengthening Pathways for Success Through Community Support for All Young People



**Community Support for All Young People (CSAY)** ensures youth releasing to the community are connected to vital resources necessary for their successful reentry, selfsufficiency, and independence.

Using the Risk, Needs, Responsivity approach, designed to prioritize treatment and intervention, individual needs, and appropriate services, ensures resources are accessible at the time of transition. As young people move through the agency's continuum of care, JR will continuously assess their needs to ensure they are connected to effective community-based services when they release.

Community Support for All Young People is accessible to young people releasing to the community from residential care and least restrictive alternatives. These services are available through **Community Transition Services**, **Community Aftercare with Parole, or Community Assisted Reentry (CAR).** Young people releasing to supervision under Juvenile Probation or the Department of Corrections (DOC) may not eligible for these services.

#### **Community Transition Services (CTS)**

**Community Transition Services (CTS)** is designed to provide a less restrictive alternative placement and allows young people to complete their residential sentence in their own homes. This program is supported by case management, electronic monitoring, and, most importantly, therapeutic community-based services and interventions. **CTS** will support the reentry and reunification of young people with their families and natural supports while they build independence in their own environment.

Eligible young people can complete up to 18 months of their remaining sentence in this program. Upon completing their residential sentences, young people may transition to **Community Aftercare with Parole, CAR**, or other required supervision (Department of Corrections, County or Tribal Probation).

### **Community Aftercare with Parole**

JR **Community Aftercare with Parole** is an important step in successful community reentry for the young people who qualify for this service. Also grounded in the Risks, Needs, and Responsivity approach, this model works with young people, their families, and natural supports to increase motivation and engagement in community-based services to meet their needs during their parole obligation.

## Community Assisted Reentry (CAR)

Approximately 50% of young people release from residential care without a parole obligation. Under **CAR**, eligible young people can voluntarily receive critical community-based services and the support necessary for their successful transition. **CAR** provides up to 12 months of services based on youth needs. Connection to these supports will, ideally, occur prior to a young person's release to the community, while the 12 months of services will start the day they release from their JR sentence.



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#### Assessment, Preparation, and Future Planning

Assesment, preparation, and future planning begins upon admission to JR. This includes a series of assessments to determine treatment, medical needs, education, essential rehabilitation and reentry services. JR uses additional tools to determine parole eligibility and transition to less restrictive **Community Facility** or **Community Transition Services** placement options.

JR strives to prepare young people to become productive members of their community. Matching young people to culturally relevant supports and interventions using a Risk, Needs, and Responsivity approach is a key part of how this can be achieved.

Addressing treatment needs is an essential component of preparing young people to successfully navigate and take advantage of other preparation and planning resources and activities that foster success. These include bringing young people and their families together in **Future Planning Meetings** to identify desired goals, resources, and interventions needed to develop a **Future Plan**. Keeping young people and their families in the center, Future Planning team members include counselors and community-based partners to support young people in each of the reentry areas outlined (see box to the right).

Future Planning is initiated within the first 30 days of admission and continues throughout an individual's stay. Ongoing assessment informs us of the community-based supports needed to match the goals and targets identified in their **Future Plans**. These plans are co-constructed to emphasize the young person's voice while outlining the steps needed to achieve future goals. **Future Plans** are an integral part of the transition process. They identify personal goals, protective and risk factors, and create specific action steps for young people to take starting day one of their transition back to the community.

# Juvenile Rehabilitation Integrated Treatment Model May 2020: https://doi.org/10.1080/10509674.2020.1808557

Juvenile Parole Aftercare (JR\_0025):

https://dcyf.wa.gov/sites/default/files/pubs/JR\_0025.pdf

Community Transition Services (JR\_0038):

https://dcyf.wa.gov/sites/default/files/pubs/JR\_0038.pdf

#### Community Facility:

https://dcyf.wa.gov/services/juvenile-rehabilitation/residential-facilities

Future Planning Meetings (JR\_0024):

https://dcyf.wa.gov/sites/default/files/pubs/JR\_0024.pdf

Future Planning (JR\_0019):

https://dcyf.wa.gov/sites/default/files/pubs/JR\_0019.pdf



#### Reentry Areas to Support Successful Transition

- Housing Supports
- Family Support
- Behavioral Health/Physical Health/ Substance Use Treatment
- Education
- Employment/Vocation
- Legal Advocacy
- Wellness/Peer Supports/Mentoring
- Safety/Violence Prevention

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