Echo Glen Children's Center

Medical, Dental, Psychology and Psychiatry Services

Accessing medical, dental and psychiatry services is easy and confidential.

There are a number of ways to get medical care:

- Nurses are available seven days per week
- A physician is on campus two to three days per week
- A psychiatrist is on campus four days per week
- Psychology Behavioral Health is on campus five days per week
- Dental services are on campus three to four days per week

You have a right to access confidential medical services and can request to speak privately to a nurse or doctor.

Daily Sick Call is between 8-9 a.m. This is when you should tell staff you are feeling sick and would like to speak with a nurse.

You can tell any staff member that you need to see a nurse, doctor, dentist or psychiatrist. You can also fill out a medical request slip, place it in a sealed envelope and ask staff to submit it to the health center. The form is confidential and asks what type of service you need.

Examples of services provided:

- Thorough intake health screening
- Physical exam within seven days of intake
- Immunizations, flu vaccine and preventative care
- STD diagnosis and treatment
- Eye exams and corrective lenses
- Psychiatric care
- Tattoo removal
- Physical therapy
- Women's healthcare, contraception and birth control
- Patient education about various topics
- Referrals to specialists such as surgeons or other medical providers
- Complete psychological testing, including, assessments, IQ, neuro-psych, certified trauma-focused CBT and exposure therapy
- Complete dental exam x-rays and cleaning
- Dental restoration care

Meet Our Staff

Dr. Kym Ahrens, M.D., MPH
University of Washington School of Adolescent Medicine
Juvenile Rehabilitation Medical Director

Dr. Holly Schroeder, M.D., MPH
University of Washington School of Adolescent Medicine

Dr. Rebecca Hopkinson, M.D.
University of Washington
Echo Glen Child Psychiatrist

Felice Orlich, PhD
University of Washington
Echo Glen Psychologist specializing in autism, neuro-developmental and transgender identity

Kathryn A. Cunningham Psy. D.
Forensic Postdoctoral Fellow, University of Washington
Child Study and Treatment Center

Dr. Laura Black, M.D.
University of Washington
Echo Glen Child Psychiatrist

Lauren Mozer RDN, MPH, CD
Seattle Children's Hospital
Echo Glen Dietitian

Becca VanWolvelaere
Echo Glen Health Center Security Officer

The Health Center Nursing Team:

Karen Nichols, RN, BSN

Linda Glaudin, RNC
Certified Psychiatric Nurse

Debra Levison, RN

Laurel Westall, RN

Jean Rosenberg, RN

Sue Burney, RN

Lisa Maynard, RN

Lewis Newman, RN

Dental Team:

Prince Sharma, DDS
Dentist

Linda Hagedorn, RDH
Dental Assistant

We support positive youth development by applying the Integrated Treatment Model (ITM) based on Cognitive Behavioral Therapy (CBT) and Dialectical Behavioral Therapy (DBT) principles. These therapies offer each of our residents the education and tools they need to transform their lives and achieve a lifetime of health.

National Commission of Correctional Health Care Accreditation:

Since 1989, Echo Glen's Medical Program has been accredited by the National Commission on Correctional Health Care (NCCHC). The NCCHC awarded Echo Glen Children's Center the 2006 National Program of the Year Award. In 2012, the NCCHC nominated Echo Glen Children's Center for the National Facility of the Year Award.

Contact

33010 SE 99th Street
Snoqualmie, WA 98065

Health Center Direct Line
(425) 831-2501

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DCYF PUBLICATION JR_0010 (08-2021)