

Early Childhood Intervention Prevention Services (ECLIPSE) Overview

Early Childhood Intervention Prevention Services (ECLIPSE) is a year-round intervention and treatment service for children Birth to 5, and their families, experiencing generational trauma and substantial stress.

ECLIPSE is a healing-centered, trauma-specific, center-based intervention and treatment program. Trauma-specific services include assessment and treatment. Services are age-appropriate clinical interventions that address trauma-related symptoms and behaviors. In addition to trauma-informed care, ECLIPSE offers infant and early childhood mental health trauma-specific services through therapeutic interventions and treatment to children and their families during times of long-term stress. ECLIPSE therapeutic services support children in their healing, repair, and recovery.



Vision of ECLIPSE



Honoring
the Complexities of
Intersectional Familial
Needs



Identifying
Strengths and Meeting
Needs from Birth to
Kindergarten



Protecting
Children from Systemic
Harm through
Continuity of Care



Connecting
Families with
Intergenerational
Trauma to Resources



Providing
Consistency from Early
Learning to Elementary



Quality of Care

Children Birth to 5 enrolled in the Early Childhood Education and Assistance Program (ECEAP) and furthest away from opportunity are eligible for ECLIPSE services. Children and families involved with DCYF child welfare or Indian Child Welfare (ICW) are also eligible.

The continued growth of the ECLIPSE program is supported through ECEAP, with services in 37 of the 39 counties in Washington state, prioritizing children served in child welfare. In addition to daily classroom activities, children enrolled in ECLIPSE and their families receive counseling, infant and early childhood mental health services, home visits, treatment, and other supports.

ECLIPSE's alignment with B-5 ECEAP programming helps expand ECLIPSE's services in higher quality settings. Enrollment in ECEAP also ensures continuity of care. Children enrolled in ECLIPSE receive services in their primary ECEAP classroom. Inclusive settings lead to the continuity of care, which is a recommended practice based on attachment research (<https://www.naeyc.org/resources/pubs/yc/jul2018/benefits-continuity-care>). Children who experience loss of a parent and/or trusted adult caregiver may demonstrate stress responses through behaviors that increase parent-child stress, affect relationships with teachers and same-age peers, and makes transitions difficult.



Washington State Department of
CHILDREN, YOUTH & FAMILIES

ECLIPSE and Infant Early Childhood Mental Health (IECMH)

ECLIPSE is part of the Infant and Early Childhood Mental Health (IECMH) system of promotion, prevention, intervention, and treatment. Focusing on mental health increases protective factors and behaviors of well-being. This strength-based approach can prevent and reduce significant stress responses and behaviors while increasing strong attachments. The following definitions are from REDEFINING QUALITY: Providing Infant and Early Childhood Mental Health Support to Fully Meet the Diverse Needs of Families, School Readiness Consulting, June 2021.



Promotion: Services are universal and focused on distributing information and resources to support strong child-caregiver relationships, healthy development and early learning.

Prevention: Services identify and reduce conditions that lead to disruption in social-emotional well-being and strengthen the capacities of young children and their families.

Intervention: Services and support of young children who have developmental delays or disabilities, who are at risk of poor outcomes due to experiencing biological, familial, and/or environmental risk factors.

Treatment: Services are designed to alleviate distress and facilitate healthy development and behavior for young children and families who are experiencing trauma and other mental health challenges.

Infant Early Childhood Mental Health Continuum

Promotion

Prevention

Intervention

Treatment

CHILD WELFARE

Maternal Mental Health and Newborn Care, Home Visiting

B-5 ECEAP, B-5 Head Start, Infant and Early Childhood Mental Health Consultation (IECMHC)

Coaching, Other Early Care and Education Programming

Early Intervention, Early Childhood Special Education

ECLIPSE, Clinical Mental Health Support, Early Support for Infants and Toddlers (ESIT), Wrap-around Intensive Services (WISe)

CONTACT

For more information about ECLIPSE, visit: <https://dcyf.wa.gov/services/early-learning-providers/eceap/eclipse>.

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