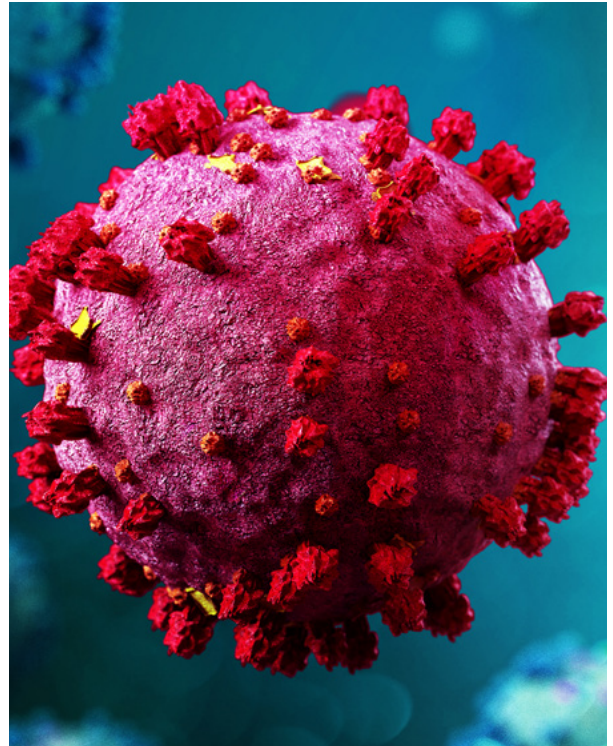


# Staff Home Self-Screening Checklist

*Please help us keep staff safe from COVID-19*

**All staff must prescreen themselves from home prior to coming to the worksite.**

Screen yourself by answering the following questions YES or NO. Be sure to answer YES only if the experienced symptoms are not associated with any pre-existing conditions (i.e. allergies or asthma) or cannot be attributed to another health condition:



- A new fever (100.4°F or higher), or a sense of having a fever
- A new cough
- New shortness of breath or difficulty breathing
- A new sore throat
- New muscle aches/pain not caused by a specific activity (such as physical exercise)
- A new headache
- New chills or repeated shaking with chills
- A new loss of taste or smell
- New fatigue
- New congestion or runny nose
- New nausea or vomiting
- New diarrhea
- Within the last 14 days, have you had close contact (6 feet for more than 10 consecutive minutes) with someone who has been diagnosed as positive for COVID-19 or suspected of being positive for COVID-19, without appropriate personal protective equipment

If you have answered YES to any of the questions above, notify your supervisor and stay home, telework as directed or use accrued leave. Consider contacting your healthcare provider.

*If you would like copies of this document in an alternative format or language, please contact DCYF Constituent Relations (1-800-723-4831 | 360-902-8060, [ConstRelations@dcyf.wa.gov](mailto:ConstRelations@dcyf.wa.gov)).*

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## Stay Safe and Healthy!



Washington State Department of  
**CHILDREN, YOUTH & FAMILIES**