



## 2019-21 Biennium Budget Decision Package

**Agency:** 307 - Dept of Children, Youth, & Families  
**Decision Package Code-Title:** EH - Expand Home Visiting Services  
**Budget Session:** 2019-21 Regular  
**Budget Level:** Policy Level  
**Contact Info:** Tiff West  
 (360) 725-4567  
 Tiff.West@dcyf.wa.gov

### Agency Recommendation Summary

The Department of Children, Youth, and Families (DCYF) requests \$6.5 million in funding to expand home visiting services for approximately 850 at-risk families across the state. High quality home visiting is one key investment in a portfolio of child abuse and neglect prevention services. Research repeatedly indicates that home-based support results in more confident parents and healthy children who are less likely to suffer from abuse or neglect. Several studies show significant reductions in child abuse and neglect, including fewer reports and findings to Child Protective Services, by models implemented in Washington State, Nurse-Family Partnership, and Parents as Teachers. Investments in the earliest stages of life will lead to a higher percentage of children being kindergarten-ready regardless of race or income.

### Program Recommendation Summary

#### 030 - Early Learning

The Department of Children, Youth, and Families (DCYF) requests \$6.5 million in funding to expand home visiting services for approximately 850 at-risk families across the state. High quality home visiting is one key investment in a portfolio of child abuse and neglect prevention services. Research repeatedly indicates that home-based support results in more confident parents and healthy children who are less likely to suffer from abuse or neglect. Several studies show significant reductions in child abuse and neglect, including fewer reports and findings to Child Protective Services, by models implemented in Washington State, Nurse-Family Partnership, and Parents as Teachers. Investments in the earliest stages of life will lead to a higher percentage of children being kindergarten-ready regardless of race or income.

### Fiscal Summary

*Dollars in Thousands*

Operating Expenditures	FY 2020	FY 2021	FY 2022	FY 2023
<b>Total Expenditures</b>	<b>\$3,267</b>	<b>\$3,245</b>	<b>\$3,245</b>	<b>\$3,245</b>
<b>Biennial Totals</b>		<b>\$6,512</b>		<b>\$6,490</b>

<b>Operating Expenditures</b>	<b>FY 2020</b>	<b>FY 2021</b>	<b>FY 2022</b>	<b>FY 2023</b>
Fund 001 - 1	\$3,267	\$3,245	\$3,245	\$3,245
<b>Total Expenditures</b>	<b>\$3,267</b>	<b>\$3,245</b>	<b>\$3,245</b>	<b>\$3,245</b>
<b>Biennial Totals</b>		<b>\$6,512</b>		<b>\$6,490</b>
<b>Staffing</b>	<b>FY 2020</b>	<b>FY 2021</b>	<b>FY 2022</b>	<b>FY 2023</b>
FTEs	2.5	2.5	2.5	2.5
<b>Average Annual</b>		<b>2.5</b>		<b>2.5</b>
<b>Object of Expenditure</b>	<b>FY 2020</b>	<b>FY 2021</b>	<b>FY 2022</b>	<b>FY 2023</b>
Obj. A	\$189	\$189	\$189	\$189
Obj. B	\$67	\$67	\$67	\$67
Obj. C	\$383	\$383	\$383	\$383
Obj. E	\$5	\$5	\$5	\$5
Obj. G	\$16	\$16	\$16	\$16
Obj. J	\$22	\$0	\$0	\$0
Obj. N	\$2,500	\$2,500	\$2,500	\$2,500
Obj. T	\$85	\$85	\$85	\$85

## Package Description

Home visiting programs have positive impacts on children's cognitive development and behavior and are part of DCYF's strategy to achieve its goal that 90 percent of children in Washington are kindergarten ready by 2020. In 2017, children of color were less likely to enter Kindergarten ready to learn on all six developmental domains. Home visiting is a key strategy to engage parents in their child's development and learning from the prenatal stage to age three. In 2017, home visiting program family characteristics were as follows:

- 38 percent of enrollees were Hispanic
- 5 percent of enrollees were American Indian/Alaska Native (2-3% of WA State births annually)
- 7 percent of enrollees were Black/African American (4-5% of WA State births annually)
- 19 percent of enrollees were under age 20 (<10% of births annually)

The Home Visiting (HV) program is reaching families during a *critical period* of a child's brain development and family development. Home visitors see the gifts and strengths in parents that some don't realize they have in order to inspire and support parents to meet their goals related to their children, parenting, education, health, and much more.

Many high quality research studies evidence[1] that home-based support results in healthy children who are less likely to suffer from abuse or neglect[2]. Investments in the earliest stages of life will lead to a higher percentage of children being kindergarten-ready regardless of race or income.

Evidence shows that home-based support results in healthy children who are less likely to suffer from abuse or neglect. Investments in the earliest stages of life will lead to a higher percentage of children being kindergarten-ready regardless of race or income.

Based on the most recent Home Visiting Needs Assessment (see attached, Table 5), DCYF is reaching fewer than fifteen percent of eligible families (low-income families with children under the age of three) who are likely to participate. Based on the current array of programs funded, including the administrative, training and evaluation costs, DCYF estimates that the average home visiting slot costs \$7,500. An additional \$6.5 million in the 2019-21 biennia will allow the program to serve 850 new families in the following models at the following estimated per slot costs:

- Parents as Teachers: \$4,900 (Range: \$3,600-\$7,400)
- Nurse-Family Partnership: \$6,400 (Range: \$5,200-\$7,200)
- Other Home Visiting programs: \$6,600 (\$4,000-\$12,800)

DCYF will continue to prioritize expanded services for populations such as children with adverse childhood experiences, American Indian/Alaska Natives, low-income families and families receiving TANF, teen parents, child welfare-involved families, previously or currently incarcerated parents, among others.

[1] Home Visiting Evidence of Effectiveness: Reductions in Child Maltreatment.

<https://homvee.acf.hhs.gov/Outcome/2/Reductions-in-Child-Maltreatment/4/1>. Accessed on September 7, 2018.

[2] Preventing child maltreatment: Examination of an established statewide home-visiting program. The International Journal of Child Abuse and Neglect. B.H. Chaiyachati et al. (2018) 476–484

## Assumptions and Calculations

### Expansion or alteration of a current program or service:

The department has historically received approximately \$20M per biennium to serve 2000 families per year.

### Detailed assumptions and calculations:

See attached spreadsheet. The DCYF is uncertain what portion, if any, of this expansion may be eligible for Title IV-E funding under the Family First Prevention Services Act.

### Workforce Assumptions:

See attached spreadsheet

## Strategic and Performance Outcomes

### Strategic framework:

This request supports Results Washington Goal 1.1.e: "Increase the number of parents/families who have access to support through voluntary home visiting services."

### Performance outcomes:

The department expects the following outcomes:

- Parents as Teachers model: Higher rates of kindergarten readiness and a reduction in gross motor delays.

- Nurse-Family Partnership model: Fewer emergency room visits due to acute injury, and increased rates of breastfeeding.
- Parent Child Home Program model: Reduced special education caseload, improved positive parenting practices and increased early literacy rates.

Family Spirit model: Reduced maternal depression and drug use and improved parenting knowledge and attitudes about self-efficacy and safety.

## Other Collateral Connections

### **Intergovernmental:**

Not applicable

### **Stakeholder response:**

Stakeholders are anticipated to support this proposal

### **Legal or administrative mandates:**

Not applicable

### **Changes from current law:**

Not applicable

### **State workforce impacts:**

Not applicable

### **State facilities impacts:**

Not applicable

### **Puget Sound recovery:**

Not applicable

## Reference Documents

- B19-21 DP Data Template.xlsxm
- Thrive HV Practice Model.pdf

## IT Addendum

**Does this Decision Package include funding for any IT-related costs, including hardware, software, (including cloud-based services), contracts or IT staff?**

No