

CHILD OUTCOME SUMMARY (COS) FAMILY PREPARATION WORKSHEET

EARLY SUPPORT FOR INFANTS AND TODDLERS (ESIT)

Your Child's Functional Development

You and your team of providers will decide how your child participates in ordinary family routines and activities in a functional way. For example, your child may use just a few words but have other effective ways of communicating with you, like sign language, sounds, taking your hand or pointing.

You and your team will use information you bring as the expert on your child. You will also consider professional and other caregiver observations, evaluation tools and more. For children to be successful at home, in the community and in places like child care or preschool, they need to have strong skills in three areas:

1. Positive social relationships
2. Acquiring and using new skills
3. Taking action to meet their needs

What are Functional Skills?

Rather than simply knowing what skills your child has, we want to know how they are using them throughout their day to accomplish things that are meaningful to them. For example, it's important to know how many words your child can say but it's more meaningful to know how the child uses words to tell you they want food or to name pictures in a book.

What is the Decision Tree?

The Decision Tree will help you and your team choose a statement that best describes how your child is doing in the three areas listed above compared to other children their age. We will use this information to decide what services will meet your needs and create a plan for you and your child.

Things to Keep in Mind When Using the Decision Tree

- Think about how the child uses functional skills to take part in everyday activities in different places and with different people.
- The statement the team chooses should reflect your child's functioning based on:
 - The expectations for your child in a certain setting. Use the expectations of your home culture to decide if your child is functioning at the level expected for their age at home.
 - Their use of assistive technology/adaptations (hearing aids, glasses, mobility aids, etc.) when it is commonly available. Their actual functioning across settings, not functioning under ideal circumstances if he/she had the technology.
 - Your child's chronological age, even if they were born prematurely.



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Family Worksheet: A Look at My Child's Development

This worksheet will help you think about your child's strengths and opportunities for growth

Fill in the spaces below with things you have seen your child do in these three functional areas of development. Consider the skills your child currently has *and* the skills you feel are important for your child to learn. It is important that what *you* know and believe about your child is included in the assessment and the IFSP team discussion.

	How does my child...	My child's strengths are...	Opportunities for growth are...
1: Positive Social Relationships	<ul style="list-style-type: none"> • Relate to others • Show emotions • Respond to touch • Stay interested in an activity with another person • Go from one activity to the next • Behave when they want more attention • Understand routines and expectations • Do back and forth play • Handle frustration 		
2: Acquiring and Using New Skills	<ul style="list-style-type: none"> • Use words in everyday settings • Solve a problem (get to an item they can't reach) • Understand and/or respond to directions and requests • Imitate others • Answer questions • Use books, pictures, objects 		
3 Taking Action to Meet Their Needs	<ul style="list-style-type: none"> • Take care of basic needs • Let you know what they want and need • Show awareness of danger • Move their body from place to place • Use their hands to play with toys 		
Additional Questions to Consider		<ul style="list-style-type: none"> • What activities or people does my child enjoy? • How does my child let me know what they like? • When is my child most cooperative? • What calms my child? 	<ul style="list-style-type: none"> • What activities or people does my child dislike? • How does my child let me know what they dislike? • What frightens my child? • What frustrates my child?

