# STRENGTHEN FAMILIES LOCALLY



## Community Prevention Plan Brief – Port Angeles/Sequim

#### About this Strong Community Network:

The Port Angeles/Sequim SFL network has been meeting since August of 2020, with a transition to local facilitation from <a href="PAVE">PAVE</a> since August of 2021. The network meets monthly and includes local parents, volunteers, and community agencies. (For a full list of partners, see the <a href="SFL Website">SFL Website</a>). The community network has focused on incorporating parent and community voice through Community Cafes as well as an Outreach working group and a Family Navigator Network.

#### Community Needs Identified:

- Historical and generational trauma e.g., teachers don't have a specific understanding of needs around generational trauma
- Resources, support, and collaboration for Family Resource Navigators in the community
- Families involved with DCYF who also have developmental diagnoses lack of foster/respite care, in-home supports, exclusion of diagnosed children from supports
- Basic needs and food security are lacking for families

#### **Priority Strategies:**

Connect families with better access to care

- 1. Link all of the resource web-based pages so that there is a stronger "no-wrong door" way for families to get the information
- 2. Model the resource booklet that has been developed that can be printed and put in the foodbanks, libraries, First Step, Daycare centers, housing office, etc.
- 3. Partnered work to develop simple training videos, and sheets around how to apply for state services.

Help the community understand trauma and move towards "healing-centered engagement"

- 4. Collaborate/align with Clallam Resilience Project work already happening Support families involved with DCYF who also have a developmental or autism
  - 5. Partner to provide autism- or DD-specific trainings for parents (Family Healing Center; Port Angeles Healthy Youth Coalition, Dan Thompson funding)

### **Family Navigator Network**

- 6. Strengthen the infrastructure of the navigator network
- 7. Build a resource repository for navigators
- 8. Pull navigators into support in schools, housing, and food based support offices

Develop resources to address food scarcity

9. Partner to provide better access and education – WSU programs, EBT/plant start purchasing at the food bank



10. Provide physical goods and materials for at-home gardening to families who don't qualify for FRT

Bring community voice to planning and implementing through Community Cafés

- 11. Outreach for Community Cafés
- 12. Work with Community Leaders to build participation
- 13. Link with activities already planned to add to a broader community connection (e.g. Clallam Resilience Project)