

# Family Time Contractors COVID-19 Guidance

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**Regarding Face covering/mask requirements.** New requirements effective March 12, 2022: [Gov. Jay Inslee news and media](#). This is current information based on version 18 of the Roadmap to Recovery. Mask requirements/recommendations can and will change. While Gov. Inslee's announcement lifts the masking requirements for the general public in designated settings, it also maintains masking requirements in health care settings and stresses the importance of mindfulness related to continued masking in support of vulnerable families within the communities we serve.

DCYF employees are held to the Office of Financial Management Roadmap to Recovery [guidance](#) that requires state employees to wear masks when working with the public. At this time, this mask requirement does not apply to those that are not employees of the state. However, when a local county, city government, or health jurisdiction implements stricter requirements, employees and subcontractors should follow these local mandates. Private businesses should follow recommendations from the Department of Labor & Industries (L&I) and the Department of Health (DOH) and make the appropriate business decisions depending on the setting and circumstances of the visit. DCYF supports the personal choice to wear a mask in any work environment where masking is not required and masking is still highly recommended by DOH as the primary strategy to protect against the spread of the COVID-19 virus.

The Roadmap to Recovery may be updating the mask guidance in the near future, please use the links provided to stay current:

- <https://lni.wa.gov/agency/outreach/novel-coronavirus-outbreak-covid-19-resources>
- <https://doh.wa.gov/emergencies/covid-19/masks-and-face-coverings>
- [Gov. Inslee news and media](#)

## Screening

1. Do you have any of these symptoms that are **not caused by another condition**? Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, recent loss of taste or smell, sore throat, congestion, nausea or vomiting, diarrhea.
2. If you are not fully vaccinated, have you been in close contact with anyone with COVID-19 in the past 14 days? Close contact is being within six feet for 15 minutes or more over a 24-hour period with a person, or having direct contact with fluids from a person with COVID-19 with or without wearing a mask (i.e., being coughed or sneezed on).
3. Have you had a positive COVID-19 test for active virus in the past 10 days, or are you awaiting results of a COVID-19 test?
4. Within the past 14 days, has a public health or medical professional told you to self-monitor, self-isolate, or self-quarantine because of concerns about COVID-19 infection?

## Frequently Asked Questions & Answers

Please review the following Q&A outlining the new expectations for isolating when ill or testing positive for COVID-19 and what to do when exposed. **All Family Time contracted or sub-contracted employees are expected to adhere to these quarantine and isolation expectations.** Please share these updated expectations with your employees. The information will be posted on the [Isolation Quarantine for COVID-19 | DOH \(wa.gov\)](#).

**Q: When can an employee return to work after testing positive for COVID-19 or having COVID- 19 symptoms?**

A: Do not come to work for **five days** after the onset of COVID- 19 symptoms or a positive test for



COVID- 19. Isolation ends after five full days if the employee has had no symptoms or their symptoms are improving, and they are fever-free for 24 hours without fever-reducing medication. When returning to work, they must wear a well-fitting upgraded mask\* for a minimum of five days.

**Q: When can an employee return to work after COVID- 19 confirmed exposure or potential exposure?**

A: Under certain conditions, a COVID- 19 exposed or potentially exposed employee does not need to quarantine, and the employee must wear a [well-fitting](#) upgraded mask\* for 10 days when at a DCYF or State facility. Those conditions include employees who have completed one of the following:

- Primary series of an approved vaccine and recommended booster(s).
- Primary series of Pfizer or Moderna vaccine within the last five months.
- Primary series of the J&J vaccine within the last two months.
- All additional primary shots for immunocompromised employees (three doses).
- Primary series of a WHO-approved vaccine, and it is within the timeframe where a booster is not yet recommended (primary series has not reached the point of diminished effectiveness where a booster is recommended).

Under certain conditions, a COVID- 19 exposed or potentially exposed employee must not come to work and quarantine for 10 full days after exposure to someone that is COVID- 19 positive. The conditions for those who must quarantine are staff who have one of the following:

- Completed the primary series of Pfizer or Moderna vaccine more than five months ago and has not received the recommended booster(s).
- Completed the primary series of J&J more than two months ago and has not received the recommended booster(s).
- Completed the primary series of a WHO-approved vaccine and has not been boosted at the point the booster(s) is recommended.
- Not completed their primary vaccine series.
- Not been vaccinated.

*\*Upgraded masks, [well fitted](#), referenced above, include double masking, KN95s, or N95s. Fit testing is not required under these circumstances. **If you cannot wear a [well-fitting mask](#), you should quarantine at home for 10 days after your last contact with the person with COVID-19.***

**Q: How do you calculate isolation?**

A: If you have symptoms, day zero is your first day of symptoms. Day one is the first full day after your symptoms develop. If you have not had any symptoms, day zero is your positive viral test date (the date you were tested). Day one is the first full day after the specimen was collected for your positive test.

**Q: How do you calculate quarantine?**

A: The date of your exposure to the person with COVID-19 during their contagious period is day zero. Day one is the first full day after your last close contact with the person with COVID-19.

- The **criteria and process for all 24/7 state** facilities is different and outlined in DOH's guidance [What to do if you were potentially exposed to someone with COVID-19](#) and [What to do if you test positive for COVID-19](#)
- Follow the guidance provided by school districts or local jurisdictions guidance regarding youth

*\*\*Contracted family time providers are responsible for educating their employees and/or subcontractors on the updates. DCYF will not provide a more detailed interpretation of these requirements, but will refer back to the hyperlinks in this communication.*