Modified Services in ECEAP During COVID-19

In Washington State, ECEAP contractors began immediately implementing modified services for enrolled families who were able or needed to stay home with their children when state-funded Pre-K classroom services closed due to COVID-19.

When a majority of classrooms closed or daily participation significantly dropped, contractors responded by immediately implementing essential supports for families experiencing complex challenges. As these modified services grew for ECEAP families, DCYF ECEAP began to see some commonalities from contractor to contractor. This document is an initial collection of the vital services and supports ECEAP sites are providing in the areas of Education, Family Support and Partnerships, Health, Food and Nutrition and Professional Development. This ensures services continue for ECEAP children and families furthest from opportunity across the state during this unprecedented time.

This document is a high-level overview of services currently being provided in communities. More specific details for each topic area can be found on the DCYF ECEAP Education and Family Support Basecamps.

For more information around how to sign up to participate in these vibrant learning communities, email ecep@dcyf.wa.gov. As the DCYF ECEAP team identifies outstanding resources from the field, this document will be updated to reflect this.

Education

| Sending information and materials home to families on multiple topics | • Developmentally appropriate and safe education sites  
• Books and activities centered around curriculum sent home, some via:  
  o Front porch delivery  
  o Take home backpacks  
• STEM bags  
• Video libraries sent virtually or added to private social media pages  
• YouTube book readings  
• Updated kindergarten registration information  
• Teaching Strategies  
  o Utilizing TSG family tab Resource Library and Family Portal  
  o Promoting Family Connections via TS GOLD  
  o Use Intentional Teaching Cards to design activities to send home  
• Name boards sent home for children to practice writing their name  
• Playdough recipes  
• Handwritten notes, postcards or individual emails from teachers  
• How to talk with children about COVID-19  
• Virtual newsletters  
• Send notebooks home for parents to document observations of activities done with children  
• Social emotional activities from curriculum sent home weekly with key information for families to share with children  
• Social Stories of why children need to stay home  
• Teachers are available by email from 8 a.m. to 3 p.m.  
• Photo walk sharing virtually with friends |
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| Lessons and connections via virtual platforms | • Providing lessons and early learning activities to families in their home language(s)  
• Second Step or other social/emotional lessons provided virtually  
• Circle time (more info coming soon – for more ideas, check out Basecamp)  
• Mental health consultations  
• Virtual parent/teacher check ins and conferences  
  o Asking for observations of children  
• Child goal setting with families  
• Child to child connection  
  o Drawing pictures back and forth  
• Platforms and sites:  
  o Connect with or email families around class/education materials:  
    ▪ Remind  
    ▪ Class Dojo  
    ▪ Mailchimp  
  o Education sites:  
    ▪ Learning Genie  
    ▪ Imagine Learning  
    ▪ Kid Vision Virtual Field Trips  
    ▪ Class Tag  
    ▪ Vroom  
    ▪ Zeno Math  
    ▪ Ready Rosie  
    ▪ DREME  
    ▪ Learning Trajectories  
• Parents upload videos and photos to TSG for documentation  
• Parent workshops  
  o Math Matters  
  o Literacy Matters  
  o You Can Make a Difference  
• Conscious Discipline videos posted to online platform  
• Tribal language Lessons  
• Speech Therapist Page with videos  
• Daily “Share and Show” |
| Resource pages (public) for families to access | • Weekly lesson plan and theme suggestions posted for families  
• Executive function resources  
• School District webpage guidance on preschool instructional resources  
• Scholastic and Lakeshore activities and resources |
| Free items | • Books going home with grab and go meals  
• Page Ahead books home  
• Teacher Made Tribal Traditional clothing and moccasins |
| Other | • Contact with SD regarding children referred for evaluation |
## Family Support and Partnerships

| **Sharing information, connecting and sending materials home to families on multiple topics** | **Connecting**  
| | o Zoom presentations of family workshops  
| | o Virtual home visits  
| | o WhatsApp  
| | o Ready Rosie  
| | ▪ Parenting education videos  
| | ▪ **Healthy at Home Toolkit**  
| | o Private social media group to facilitate ongoing parent education and resource sharing  
| | o Policy Council voting via email on time-sensitive items  
| | o Online parenting classes  
| | o Virtual Parent meetings and education events  
| | ▪ Relationships Matter  
| | ▪ Families as Partners  
| | ▪ Families as Leaders  
| | **COVID-19-specific**  
| | o Financial resources  
| | o Cell phone and internet resources  
| | o Emergent employment and unemployment locations and resources  
| | o DSHS updates and impacts on welfare services  
| | o Free internet  
| | **Local library continuing services**  
| | **Well-being**  
| | o Mental health  
| | o Crisis and stress management  
| | o “Thinking of You” Treats for parents  
| | o Wellness resources  
| | **Working with homeless liaison to support homeless families**  
| | **Ensuring McKinney Vento families are getting their needs met**  
| | **Ordering supplies in bulk for families for pick up or porch drop off** | **Diapers**  
| | **Wipes**  
| | **Soap**  
| | **Thermometers**  
| | **Baby food**  
| | **Formula**  
| | **Providing resources for families** | **Laptops (mostly happening through school districts)**  
| | **Gas**  
| | **Cell phones**  
| | **Grocery orders**  
| | **Ongoing check ins** | **Calls with families where personal phone numbers are not displayed**  
| | o **One Call Now**  
| | o Elevate  
| | **Video conferencing**  
| | **Working on Mobility Mentoring® goals as appropriate** |
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| Gift cards and vouchers for household and family needs | • Amazon vouchers  
• Grocery vouchers |

### Health

#### Resources to families
- WA State DOH website, tribal departments of health and health centers and resources
- Clinic and dental clinic statuses for emergent health and dental needs
- Relaxation activities
- Nurses available to connect with families who have children with health plans
- Working with providers for follow up and ongoing care for families
- Stay home Fitness Video

#### Resources for staff
- Collaborative PowerPoint created with nurse on how to build a high-quality, COVID-safe environments; available for staff to review.

#### Virtual activities
- Music and movement
- Online physical activities for children and parents
- Tooth brushing
- Yoga
  - Cosmic Kids

#### Other
- Connection to ensure health needs are being met, especially with high-demand medicines or products (like inhalers)
- Weekly deep cleaning of facilities
- HSAC parents available to assess health and nutrition needs

### Food and Nutrition

#### Meal or food voucher pick up and distribution
- Arranged pick up sites
- Distributing via school buses
- Gift cards to families
- Porch drop offs

#### Partnering with community partners to provide food to families
- School Districts
- Grocery stores
- Food banks
- Restaurant specific gift cards

#### Resources
- Low-budget, easy, simple family recipes
- Amazon Fresh now available to SNAP families
- Applying for No Kid Hungry Grant
- Nutrition Coordinator

#### Other
- Work with Health/Nutrition Coordinator on specific family needs of food and healthcare questions and concerns
- Request and share family recipes and healthy family tips
- Requested approval from CACFP re: creditable meals for pickup or delivery
- Children’s favorite meals posted weekly
- Addressing weekend food gap

**Professional Development**

| Video series for teachers to explore | • Adult-child interactions  
• Higher-order thinking and language skills  
• STEM strategies |
|--------------------------------------|--------------------------------------------------|
| **Staff check ins**  
**Virtual group meetings** | • Check ins and meetings  
  o Manager meetings  
  o One-on-ones with teacher and coach  
  o Virtual reflective practice  
  o Family Support Staff connecting with teaching staff  
  o Book club  
• SharePoint for staff to share resources and ideas  
  o Dual language learners  
  o Expansion and readiness  
  o Eligibility training  
  o Form reviews  
  o Family support  
  o TSG/conferences and lesson planning  
• Professional Learning Communities  
  o Online learning communities for all staff  
  o Lead teacher PLCs  
  o PLCs on documentation |
| **Virtual platforms** | • Virtual platforms  
  • Google Hangout  
  • Zoom  
  • Yammer  
  • Participation in DCYF Education or Family Support Basecamps  
  • Weekly DCYF check in webinars for Family Support and Education staff  
  • Coaching Companion  
  • **ContinuED** |
| **Trainings** | • Review of available recorded webinars from DCYF and other organizations (NAEYC, etc.)  
• Online DCYF ECEAP Recruitment, Eligibility and Enrollment training  
• Education and classroom-specific  
  o Creative Curriculum online  
  o TSG for assistant teachers and new staff  
  o Child Care Basics  
• HR trainings  
• STARS trainings  
• Lead Learn Excel  
• Right Response (with physical portion upon return to work)  
• Pyramid Model trainings  
• ESD Safe Schools training |
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<tr>
<th>ECEAP</th>
<th>Other</th>
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<td>• Complete Positive Discipline trainings and hold virtual Q&amp;A with Family Support Coordinator</td>
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<td>• Maintain regular resources on social media</td>
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<td>• Explore resources and websites (Zero to Three, ECLKC, etc.)</td>
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