

# Waxka Badalka Tobobarka Iyada Oo Laga Jawaabayo COVID-19 Macluumaadka Ugu Danbeeya ee Laga yaabaa 2022

Hoos, waxa aad ku yaala jawaabta ugu danbaysa ee Washington State Department of Children, Youth, and Families (DCYF) ee bixiyayaasha daryeelka ilmaha liisanka haysta ee buuxiyay tobobaradii loo baahnaa mudada COVID-19, iyo macluumaadka ugu danbeeya ee mudada saacadaha adeega sanadkii.

**OGOW:** Laga bilaabo Janaayo 1, 2022, saacadaha tobobarka adeega waa in lagu dhamaystiraa hal sano (Janaayo 1 – Diseembar 31).

## Shaqaalaha Horay u jiray (kahor Abriil 2022)

Shaqaalaha hore (la shaqaalaysiiyay wixii ka horeeyay Maarso 2020) waxa ay leeyihiin waxoo wax ka badal buuxinta tobobarka COVID-19 dartiis. Hoos waxaa ku yaala isbadalada bixiyayaasha hore u jira.

| Tabobar                                    | Waxka Badalka COVID-19  |
|--|---|
| Tabobarka Shaqada                          | <ul style="list-style-type: none"> <li>• <b>MACLUUMAADKA UGU DANBEEYA:</b> Bixiyayaasha waxay buuxin doonaan 10 saacadood oo tobobar shaqada ah sanadka. (Janaayo 1-Diseembar 31)</li> <li>• <b>Laga bilaabo Janaayo 1, 2022, bixiyayaasha ayaa dib u bilaabi doona dhamaystirka 10ka saacadood ee tababarka shaqada ee sanadlaha ah. laysan-bixiyayaashu ma soo saari doonaan tixraacyo saacadaha seegay sannadihii hore.</b></li> </ul>   |
| CPR  | <ul style="list-style-type: none"> <li>• <b>CUSBOONAYSIINTA:</b> Taariikhda cusboonaysiinta CPR-ka ee xigta, dhammaan shaqaalaha daryeelka carruurta ama laysanka haysta waa in ay dhammaystireen tababbarka gudaha oo leh qayb gacan-qabsi ah.</li> </ul>  |
| Kaalmada Kowaad                            | <ul style="list-style-type: none"> <li>• <b>CUSBOONAYSIINTA:</b> Hubi inaad ka hesho tababbarka Gargaarka degdega ah ee shaqsi ahaan bixiye sumcad leh.</li> </ul>  |
| Caabuqa Dhiiga                             | <ul style="list-style-type: none"> <li>• Waxaa lagu heli karaa onleyn.</li> <li>• Tobobarka onleynka ahi waa inuu buuxiyaa shuruudaha tobobarka <b>Waaxda Washington ee Shaqada iyo Shaqaalaha (Washington State Department of Labor &amp; Industries), (L&amp;I) (<a href="http://tinyurl.com/Laborandindustries">tinyurl.com/Laborandindustries</a>).</b></li> </ul>  |
| Hurdada Amaanka ah                         | <ul style="list-style-type: none"> <li>• Buuxinta tobobarkan waxba iskama baddalayaan: u ah onleyn goobta <b>Tobobarka Onleynka ah ee DCYF (DCYFTraining.com)</b>.</li> <li>• Waa in sanad kasta ay galaan dadka ka shaqaynaya barnaamijyada liisanka haysta ee daryeelka caruurta sabiga.</li> <li>• Aan buuxin shuruudaha tobobarka dib u cusboonaysiinta ee bixiyayaasha aan daryeelin caruurta sabiga ah.</li> </ul>  |
| Tobobarka Caafimaadka iyo Amaanka Sanadkii | <ul style="list-style-type: none"> <li>• Bixiye kastaa waa inuu ku dhamaystiraa hal saacad gudaheed tobobarka amaanka iyo caafimaadka sanad kasta sida ay dhigayaan shuruudaha federalku (shuruudaha CCDF).</li> <li>• Waxaa jira sadex dariiqo oo loo dhamaystiran karo:             <ol style="list-style-type: none"> <li>1. Wixii dib u cusboonaysiinta ku qoran kor.</li> <li>2. Ka dooro 'Tobobarka Caafimaadka iyo Amaanka ' ee daaqada <b>tobobarka DCYF (DCYFTraining.com)</b>.</li> </ol> </li> </ul> |



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|  | 3. Dooro tobobarkaaga wax ku oolnimada ee aaga V 'Caafimaadka, Amaanka, iyo Nafaqada.' |
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### Shaqaalaha Cusub (inta lagu jiro COVID-19)

Shaqaalaha iminka la shaqaalaysiiyay (ilaa Maarso 2020) waxay qaadan karaan ikhtiyaar gaaban ama wax laga bedeley oo shuruudaha tobobarka hore ah si loo dedejiyo awoodooda ay caruurta ku keliyaysan karaan.

| Tabobar   | Waxka Badalka COVID-19   |
|---|--|
| Aasaasiyaadka Daryeelka Carruurta (Child Care Basics) | <ul style="list-style-type: none"> <li>Haddii aad dhammaystirtay nooca ku meel gaadhka ah, ee koobsan ee Aasaaska Xannaanada Carruurta (kaas oo aan hadda la heli karin), waa inaad dhammaystirtaa nooca aasaasiga ah ee Xannaanada Ilmaha inta lagu jiro sannad dugsiyeedka 2022 (Janaayo. 1 ilaa Diseembar. 31, 2022).</li> <li>Buuxi tababbarka Aasaasiga ah ee Daryeelka Ilmaha sida ugu dhakhsaha badan. <ul style="list-style-type: none"> <li>Ikhtiyaarada hore oo dhan <b>waxay ku qoran yihiin halkan (tinyurl.com/CCOptions)</b> oo wali la heli karo.</li> <li>Koorsada Aasaasiga ah ee Daryeelka Caruurta ee DCYF waxaa laga heli karaa <a href="http://www.dcyftraining.com">www.dcyftraining.com</a>. waxaana lagu sameeyay bixiyayaasha lacag la'aan</li> </ul> </li> </ul> |
| CPR   | <ul style="list-style-type: none"> <li><b>CUSBOONAYSIINTA:</b> Tababarka CPR waa in lagu dhammeeyaa qof ahaan, tabobarkuna waa inuu ku jiraa waayo-aragnimo wax ku ool ah oo toos ah bixiye la ansixiyay.</li> </ul>   |
| Kaalmada Kowaad                                       | <ul style="list-style-type: none"> <li><b>CUSBOONAYSIINTA:</b> Dhammaystir tababar shaqsiyeed oo leh khibrad wax ku ool ah oo toos ah bixiye la ansixiyay</li> </ul>   |
| Caabuqa Dhiiga  | <ul style="list-style-type: none"> <li>Waxaa lagu heli karaa onleyn.</li> <li>Tobobarka onleynka ah waa inuu buuxiyaa <b>shuruudaha tobobarka L&amp;I (tinyurl.com/Laborandindustries)</b>.</li> </ul>   |
| Kaadhka Shaqaalaha Cuntada                            | <ul style="list-style-type: none"> <li>Waxaa lagu heli karaa onleyn.</li> <li>Tobobarka onleynka ah waa inuu buuxiyaa shuruudaha <b>Waaxda Caafimaadka Gobolka Washington (Washington State Department of Health, DOH) (tinyurl.com/FoodWorkerCard)</b>.</li> </ul>  |
| Hurdada Amaanka ah                                    | <ul style="list-style-type: none"> <li>Buuxinta tobobarkan waxba iskama baddalayaan: u ah onleyn goobta <b>Tobobarka Onleynka ah ee DCYF (DCYFTraining.com)</b>.</li> <li>Waa in sanad kasta ay galaan dadka ka shaqaynaya barnaamijyada liisanka haysta ee daryeelka caruurta sabiga.</li> </ul>  |

### Shaqaalaha Adeegyada Gaarka ah iyo Taageerada

| Kaalinta  | Shuruudaha   |
|---|--|
| Adeegyada Gaarka ah <ul style="list-style-type: none"> <li>Dhakhtarka Hadalka</li> <li>Shaqaalaha Waxbarashada Dugsiga Kahor ee Korniiinka</li> </ul> | Marka la siinayo adeegyada tooska ah ee ilmaha kuwaas oo hoos yimaada IEP ama Qorshaha Daryeelka Shakhsi Ahaaneed oo ay jirto ogolaanshe waalid oo saxeexan wixii booqashooyinka ah oo ku jira |

|   |  |
|---|--|
| • Taageerada IEP ee Kale  | faylka ilmaha, ma jiraan shuruudo tobobarka caafimaadka iyo amaanka ah oo ay tahay in la buuxiyo.  |
| Taageerada Waxbarashada Onleynka ah ee Shaqaalaha (Ma aha Saami ama Kormeer La'aan) | Hadii uu jiro qof xaruntaada u imanaya taageerada waxbarashada onleynka ah oo aan lagu tirin saamiga ilmaha iyo shaqaalaha oo aan caruurta kaligii lagaga tegin, waxaa loo arkaa inuu yahay qof mararka qaar wakhtiga ugu deeqa oo uma baahna tobobar. |
| Shaqaalaha Kumeel Gaadhka Saamiga Ayey Ku Jiraan                                    | Dhamaan shaqaalaha (xataa hadii ay ku meel gaadh yihiin) ee loo tiriyo saamiga waxa waajib ah inay buuxiyaan shuruudaha tobobarka sida uu dhigayo liisanka WAC ee kaalintooda iyo heerka ay caruurta ku hayn karaan.                                   |