



Washington State Department of  
**CHILDREN, YOUTH & FAMILIES**

1500 Jefferson Street SE • PO Box 40983 Olympia, WA 98501

February 21, 2025

The Department of Children, Youth & Families contemplates awarding a sole source contract to Roca, Inc. to provide intensive training to staff in Roca Rewire Cognitive Behavioral Therapy (CBT) as a tool to use daily interactions to help youth address trauma and learn the key skills of emotional regulation, cognitive flexibility, and behavior activation. Provide opportunities for Unit leadership and supervisors to learn about the Roca Rewire CBT training series and expectations. Provide coaching to supervisors, managers, and early adopters of Roca Rewire CBT to help integrate the use of Rewire CBT skills in all interactions with youth. Provide initial implementation coaching with the intended purpose of helping probation staff integrate Roca Rewire CBT into the day-to-day operations, using existing programs and practices over time. Provide circle training to select staff and support Roca Rewire CBT integration into circles. Learn and evaluate pilot engagement to identify strategies that supported learning and implementing Roca Rewire CBT.

This is a proprietary program that is copyrighted. The training and coaching services described above are only offered by Roca Inc. These services are unique in that they have been developed to target the individuals driving violence in our communities, bringing them the tools they need to address their own trauma and support long-term behavior change. The unique nature of Rewire CBT and its ability to be delivered by paraprofessionals in the community are critical to our work to reduce community-based violence.

The contract will be issued on or about March 17, 2025. The dollar value is estimated at \$96,000 for work required during the period ending March 16 2026. At the sole discretion of DCYF, this contract may be extended for an additional two years or through March 16, 2028 if funding is available.

Offerors contemplating the above requirements are required to submit capability statements detailing their ability to meet the state's requirements by March 14, 2025. The following information should be included in the capability statements:

- Verification of Rewire CBT certified trainers.
- Ability to provide training on-site and in-person with continued in-person implementation and support.
- Curriculum outline of training that identifies a focus towards the reduction in violence in youth behaviors and support young adult brain development.
- Show designed Rewire CBT program that is cohort-focused with closed timelines.
- Identify implementation strategies and continued coaching support strategies.
- Identify ability to provide in-person training for Rewire CBT Circle planning and delivery

In the absence of other qualified sources, it is the state's intent to make a sole source award of the Contract.

To submit capability statements or for questions, contact: Karena McGovern @ [karena.mcgovern@dcyf.wa.gov](mailto:karena.mcgovern@dcyf.wa.gov)