



**STATE OF WASHINGTON**  
**DEPARTMENT OF CHILDREN, YOUTH, AND FAMILIES**

The Department of Children, Youth, and Families contemplates awarding a sole source contract to allow Within Reach, the Help Me Grow Statewide Affiliate, the capacity to provide consultation to the State in the planning and growth of a statewide Help Me Grow resource and referral network. As the State Affiliate, Within Reach will additionally: 1) operate the statewide family resource and referral linkage system's coordinated access point; 2) expand the Help Me Grow Washington Network by building capacity for community coordination and referrals across Washington State; and 3) implement the statewide community-based Plan of Safe Care and SUD in Pregnancy pathways.

Within Reach is the statewide affiliate with National Help Me Grow and has been since 2010. As such, they are the only organization contracted with the national offices that certify and ensure fidelity to the Help Me Grow model. They are the only entity in Washington State that can lead this work to help us grow a statewide system of resource and referral and growth in local communities.

The contract will be issued on or about October 21, 2025. The dollar value is estimated at \$90,000 for work required during the period ending December 31, 2025.

Offerors contemplating the above requirements are required to submit capability statements detailing their ability to meet the state's requirements by October 31, 2025. The following information should be included in the capability statements:

- How your organization is affiliated with National Help Me Grow.
- Provide detailed information about your organization's history with providing consultation with National Help Me Grow and Help Me Grow in Washington state.
- Provide detailed information on your organization's history with 1) the existing statewide capacity and service delivery in perinatal substance use and 2) expertise in developing statewide referral pathways in the perinatal and early childhood system.

In the absence of other qualified sources, it is the state's intent to make a sole source award of the Contract.

To submit capability statements or for questions, contact:

Contact Name: Thomas Hicks  
E-mail: [dcyf.contracts@dcyf.wa.gov](mailto:dcyf.contracts@dcyf.wa.gov)